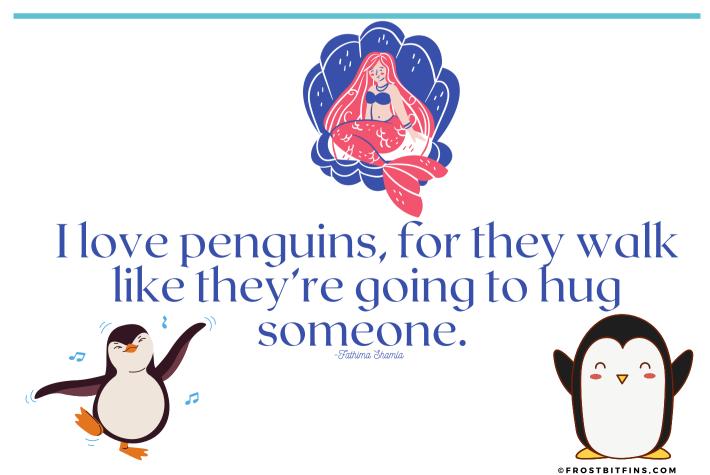




#### THE FROSTBIT FINS MONTHLY NEWSLETTER







### **HAPPY NEW YEAR!**

Welcome to the new year, my FeatherFins! January is so exciting – it is a time of new beginnings and fresh starts, of resolutions and goal setting. And did you know, that even if you make plans for the new year, and they don't happen, you can just... try again? You can make a resolution – a promise to do something better – any time during the year, and if it doesn't happen, you can just give it another try!

What are your promises for the new year? I want to spend more time with all of you, my Featherfins! We have some big plans for this year, and I can't wait to share them all with you.

This month's Fin-Facts and activities are all about penguins – they are adorable, and love the cold weather just like we do. Did you know that they show they love someone by giving them a pebble? They find the smoothest one, and then if it is accepted, they continue to build their little pebble nest to prepare for their eggs. That's about the cutest thing I've ever heard!

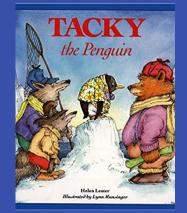
We will be having another Seaside Stories at the Reading Corner on the 16th - so be sure come and see us, and read with me! I have some new stories on the way that I think you will love - and, since it's all about Penguins, I'll have our book of the month there too. Be sure to follow us @frostbitfins, and check out the website (frostbitfins.com) for more information!

And as you know, my favorite Sea Creature is the Shark – my friend Fletcher especially – and the last week of this month is Kiss a Shark week! Now, I don't think I'll go actually smooching up to any sharks, as they can be quite touchy about their personal space, but I'll be sure to post some fun things on my Facebook and Instagram to celebrate!

I hope you all have a joyous January, and I look forward to seeing you soon!

Your Arctic Mermaid, AnneMeridia

## **LET'S READ!**



Tacky the Penguin by Helen Lester

Tacky is an odd bird who marches to the beat of a different drummer. Tacky's perfect friends find him annoying until his eccentric behavior saves the day.

Publishers Weekly declared that "this book is must reading for any kid--or grown-up--who refuses to follow the pack." Ages 4-8.



## National Dates

1/1 New Year's Day 1/4 National Spaghetti Day 1/9 Eagle Day 1/13 Rubber Duckie Day 1/14 Dress Your Pet Day 1/20 Penguin Awareness Day 1/24 Compliment Day 1/24-1/30 Kiss a Shark Week

#### JANUARY 2021

# **JANUARY FIN FACTS**







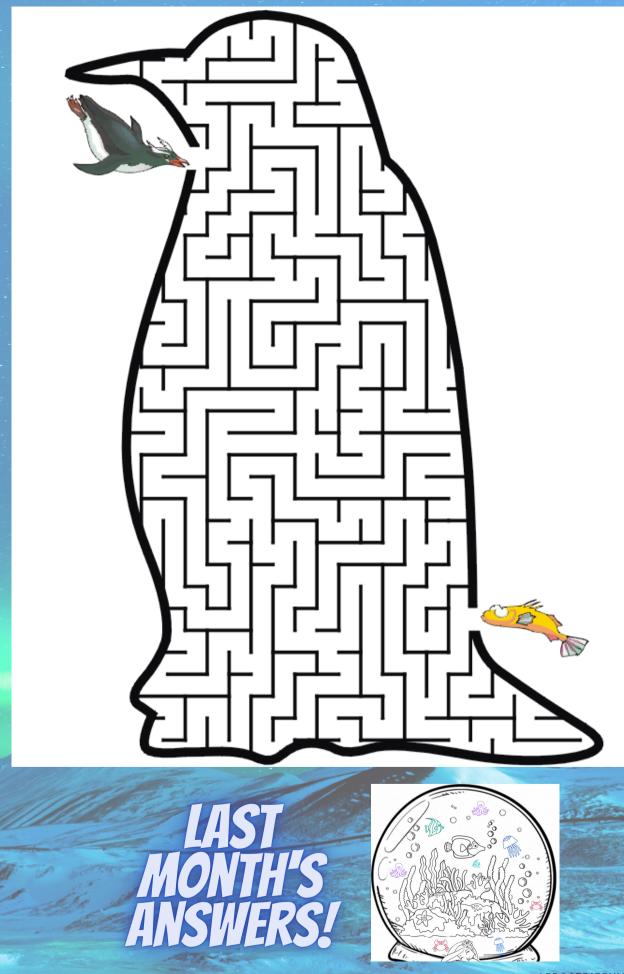


# **PENGUINS!**

- Penguins spend half of their life in water.
- They can swim at speeds up to 10 mph.
- Penguins can drink saltwater. A gland above their eye removes the salt from their bloodstream and they sneeze it out.
- A group of penguins in the water is called a raft. A group of penguins on land is called a waddle.
- Penguins love tobogganing. They lay on their on their stomachs and move by pushing off the ground with their feet, just like they were riding a toboggan.
- Emperor penguins can stay underwater for about 20 minutes at a time.
- There are at least 17 different species of penguins.

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#### JANUARY 2021

#### VOL 1, ISSUE 3

This month we have a SUPER SPECIAL coloring page! This was drawn by our new friend Kiri of Color With Kiri, and is her rendition of our AnneMeridia in the Lights Parade. We are so excited to have her as a partner, creating unique coloring pages for our Feather Fins! If you color this page, be SURE to show it to us on Facebook, Instagram, Email - or bring it with you to our reading corner so we can show Kiri how much we love her!



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#### JANUARY 2021

Did you make the Guppy Goodies? Are you all finished with the coloring page? Have mom and dad put them on Social Media and tag us @frostbitfins on Facebook and Instagram for a chance to be featured in next months FeatherFinFlyer!

# Fin Funnies!

What do you call a cold penguin? A brrrrrr-d!

How do penguins make tough decisions? They flipper coin!

How does a penguin build its house? Igloos it together!

## **Guppy Goodies**

#### **Penguin Snackers**

Ask for an adult to help with the prep work where a knife is needed.

Oval crackers or pretzels Cream cheese Sliced black olives Large whole black olives Carrots



#### Adults:

Cut whole olives into quarters for wings Slice carrots, then cut slices into wedges for beaks and feet

#### Kids:

Spread cream cheese on crackers Place one olive slice near the end of the cracker to make the penguin's head Place one olive quarter on each side to make the two wings Put a carrot wedge inside the olive slice to make the beak and 2 wedges at the bottom for the feet. www.fantasticfunandlearning.com/penguinsnack.html



# HAPPY BIRTHDAY!

1/7 Iris P 1/9 Piper M 1/12 Nova C 1/27 Barbara W 1/30 Logan M BE SURE TO VISIT FROSTBITFINS.COM AND SIGN UP FOR OUR



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