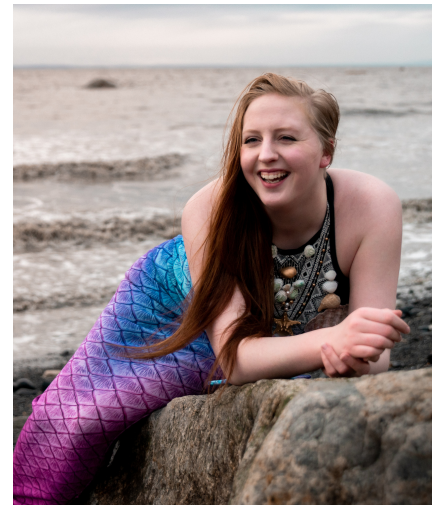


Welcome to the



THE FROSTBIT FINS MONTHLY NEWSLETTER



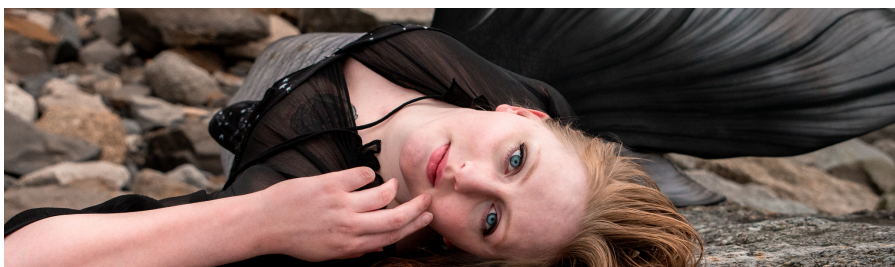


A MERMAID MESSAGE

BY: ANNEMERIDIA

Welcome to our very first newsletter! Our hope is to produce one every single month to help everyone keep in touch and up to date with the current happenings at Frostbit Fins. Each one will have a theme, an activity, a recipe, and other such things - all a part of our expanding Frostbit Fins business!

Oh! Have you SEEN the new website at frostbitfins.com? My MerManager has been working her fingers to the bone getting our website up and running, while several of my MerWranglers have been busy working behind the scenes on a surprise or three for later this month. Be sure to follow us on Facebook and Instagram to keep up with all the excitement!



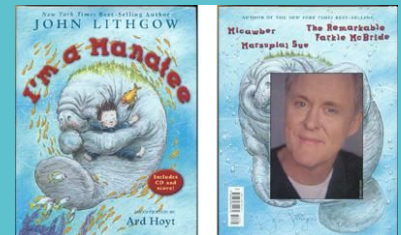
Speaking of excitement - I have to mention my photoshoot with the adorable and talented Keelyn Heaven of Keelyn Heaven Photography! She took these gorgeous photos of me out at Captain Cook Park, and I have never felt prettier. If you have the chance to work with her - please do, you won't regret it! You can find her at KeelynHeaven.com - and tell her we sent you.

I hope you have a fantastic November, and look forward to seeing you all out and about this month. Don't forget to go to the website and sign up for our Birthday Club and see all the new things we have in the works! Enjoy all the Manatee Facts and Games - the Manatee is one of my favorite sea animals. I love how big and graceful they are, don't you?

Until next time - dream big, little merfolk!

AnneMerida
Your Kenai Peninsula Mermaid

LET'S READ!



I'm a Manatee by John Lithgow

As a little boy falls asleep, his pet guinea pig's water bottle begins to leak, filling the room with water, and the boy imagines himself to be a manatee. So begins this ocean adventure.

National Dates

- 11/03 Jellyfish Day
- 11/05 World Tsunami Awareness Day
- 11/13 World Kindness Day
- 11/15 America Recycles Day
- 11/20 Universal Children's Day
- 11/21 World Fisheries Day
- 11/26 Thanksgiving
- 11/27 Turtle Adoption Day

NOVEMBER IS MANATEE AWARENESS MONTH!



FIN FACTS

Manatees are also known as sea cows

They are solitary animals

About 50% of their time is spent sleeping while submerged

They are extremely gentle creatures

They are aquatic mammals that are herbivores

Their bones are solid and heavy, which makes it easier for them to get to the bottom

They are closely related to elephants- they have a trunk, tough skin, and bristle-like hair on their body

Manatees never leave the water

If they remain in freshwater for a long time, algae will grow on their backs

They are listed as "threatened" on the Endangered Species Act

They are threatened by habitat degradation, human harassment, and boat collisions.

How can we help? Keep their habitat clean. Recycle fishing line. Be aware of your surroundings while operating boats on the waterways. Obey all posted waterway signs.





When a manatee has spent a long period of time in fresh water, algae often begins to grow on its back. Although it might seem uncomfortable, the manatee doesn't mind the algae covering its body. It acts like a sunscreen!

MAGICAL MANATEES

M E R E T A W H S E R F V C A
 E R O V I B R E H L M I O Y S
 C O V S O L I T A R Y J P O W
 O X I U J N G H I K G R L G A
 W N B F B K B W N P M E N Q H
 T H R E A T E N E D A L U R D
 M O A R L R L S R E I A Y F E
 E M G R G A I E I V T E H L S
 L A K I A E T E S I N E S E R
 M I Z N E A E T C C G T D R E
 B D A G W B R M A M M A L O P
 A F I T V N O A G N V N E M P
 S E L E P H A N T E W A C J I
 C A L F H T N A F R Q M V F L
 S B K T M E R M A I D K G T F

- | | |
|------------|------------|
| ALGAE | MAMMAL |
| AQUATIC | MANATEE |
| CALF | MERMAID |
| COW | SALTWATER |
| ELEPHANT | SIRENIA |
| FLIPPERS | SOLITARY |
| FRESHWATER | TAIL |
| HERBIVORE | THREATENED |

Answers in next edition!

Did you make the Guppy Goodies? Are you all finished with the coloring page? Have mom and dad put them on Social Media and tag us @frostbitfins on Facebook and Instagram for a chance to be featured in next months FeatherFinFlyer!



Guppy Goodies

Banana Sushi

Ingredients:

- 1 flour tortilla
- 1 banana, peeled
- 2-3 tablespoons peanut butter
- 1 small smear chocolate hazelnut spread

Instructions

Spread peanut butter on one side of the tortilla, almost to the edge
 Add a thin smear of chocolate hazelnut spread in a strip to the middle of the peanut butter
 Place peeled banana on top, straightening it (it is okay that it cracks and breaks)
 Tightly roll the tortilla around the banana
 Slice sushi roll into 1/2-1 inch pieces

Serve!

Fin Funnies!

What do you call a manatee with arms and legs?

Humanatee!

What do you call a baby male manatee?

a Boyatee

*You are not a drop in the ocean,
you are the entire ocean in a drop.*

HAPPY BIRTHDAY!

Elyse

NOVEMBER 22

BE SURE TO VISIT
FROSTBITFINS.COM AND
SIGN UP FOR OUR

*Birthday
Club!*

